

NORTH BAY GENERAL SURGERY

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Gastroscopy Prep Instructions

YOUR PROCEDURE DATE: _____ **with Dr.** _____

ARRIVAL TIME TO THE DAY SURGERY UNIT AT NORTH BAY REGIONAL HOSPITAL: _____

Planning for Procedure

- Please call the office to confirm your appointment one-week in advance. **Seven-day notice is required if you cancel a scope. A \$200 charge may occur if appropriate notice is not given.**
- Please review this sheet one-week before your colonoscopy.
- If you have diabetes, please ask your prescribing physician for additional diet and medication instructions.
- If you take any blood thinners (anticoagulants), please ask your prescribing physician for additional instructions. If you are on ASA 81mg daily, you may continue to take them as usual.

Gastroscopy Prep: Nothing to eat or drink after midnight the night before your procedure.

Day of your Gastroscopy

- **Nothing to eat or drink** prior to coming into your scope.
- You may take any of your regular scheduled medication with small sips of water. Follow instructions from your prescribing physician about any blood thinners or diabetes medication.
- Remove all jewelry and nail polish before arriving at the hospital
- Bring your Health Card and a list of medication to the hospital with you.
- **Please ensure that you have a driver to take you home after your procedure and remain with you overnight;** as you will not be allowed to drive or operate heavy machinery for 24hrs after being sedated. You will not be allowed to drive yourself home or leave the hospital unaccompanied. If you do not have a driver your colonoscopy will be cancelled.

After your Gastroscopy

Please call your physician or report to the nearest ER department if you experience any severe abdominal pain, fever, chills, vomiting blood, passage of red blood or black stools, or any other unusual concerning symptoms.